## **Skier's Packing List**

On the plane & shuttle bus (bring a small bag / backpack):  Dress compfortably (sweats are good)  Winter footwear  Ski jacket (it's cold when we arrive at the mountain)  Hat and gloves  ID and health insurance card  Wallet, cash, credit cards  Phone and charger  Travel pillow and eye mask  Ear plugs  Empty water bottle you can refill once inside security  Toothbrush, toothpaste, mints, gum (gum pops ears)  Ibuprofen, etc  Prescription medications  Jewelry  Games, pen, book or magazines  On the mountain:  Snowboard or skis & poles	□ Ski or snowboard pants □ Base layer □ Fleece or sweater □ Ski jacket, gloves or mittens     (Gore-Tex is great) □ Sunscreen, lip balm □ Small water flask, snacks □ Handkerchief or tissues □ Cough drops, ibuprofen □ Lift ticket or pass □ Credit card, cash, ID, health insurance card □ Powder jacket for warmer days □ Face mask or buff for cold, windy days □ Hand warmers, toe warmers  Off the mountain: □ Swimsuit, robe, foot- wear for going to the hot tub □ Sleepwear □ Warm winter footwear □ Jeans or casual slacks (not too fancy in ski resorts) □ Shirts and sweaters	<ul> <li>Check the airline's website for info in baggage fees, weight limits, sizes, etc.</li> <li>Have your name on all luggage.</li> <li>Be prepared for a change room on arrival or departure if you are skiing the first or last day. Pack ski clothes you'll need right away on top of your suitcase or in your boot bag.</li> <li>Be prepared: Pack your ID, wallet, credit cards, money, valuables, prescriptions in a small bag / backpack that you can stow under the seat in front of you on the plane and shuttle bus. Larger carryon bags may have to be checked at the gate.</li> <li>Be prepared if for some reason your checked luggage doesn't arrive with you. Pack a change of underwear, toothbrush, and anything else you absolutely must have the first night in your carryon bag.</li> </ul>
<ul> <li>□ Snowboard or skis &amp; poles</li> <li>□ Ski or snowboard boots</li> <li>□ Helmet</li> <li>□ Goggles and/or sunglasses</li> <li>□ Long underwear</li> <li>□ Ski socks</li> </ul>	<ul> <li>□ Shirts and sweaters</li> <li>□ Toilet articles</li> <li>□ Coffee, hot chocolate, etc.</li> <li>□ Underwear, socks</li> <li>□ NO VALUABLES (leave the good jewelry at home)</li> </ul>	first night in your carryon bag.
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## Skiers' Safety Code

Safety is FIRST in importance

- 1. Ski under control so that you can stop or avoid other skiers.
- 2. When overtaking another skier, you are responsible for avoiding the skier below.
- 3. Don't stop where you obstruct the trail or are not visible from above.
- 4. When starting or entering a trail, yield to other skiers.
- 5. Wear ski brakes or retention straps to prevent runaway skis.
- 6. Stay off closed trails and posted areas, observe all traffic signs and regulations.